

GRIMSBY OLDTIMERS HOCKEY ASSOCIATION

RECREATION AND FUN ARE THE MAIN OBJECTIVES

THE LEAGUE WILL BE GOVERNED BY HOCKEY CANADA RULES.

The Grimsby Oldtimers Hockey Association has instituted the following Rules and interpretation of in addition to Hockey Canada rules.

RULE # 1 ALCOHOL:

There is a zero tolerance policy in force regarding the consumption of alcohol in town facilities. Any player or team found in violation of this policy is subject to suspension from the league.

RULE # 2 FIGHTING:

Any player throwing a punch or subsequent body action intended to strike (hit) or otherwise make contact with an opposing player constitutes a fight situation and will not be tolerated.

Any fighting as described above will result in an automatic ejection from the game and "immediate suspension" from the League. A Disciplinary Hearing will then take place. Your Team Rep. will represent you at the hearing and he "alone" will be notified of the Board's decision. Any decision will be made within 10 days as to whether any reinstatement(s) are warranted.

RULE # 3 MAJOR PENALTY - 5 MIN

Notwithstanding fighting. The following constitute a major penalty: spearing, kicking, hitting from behind, blindsiding or taking a deliberate run at a player, or any unnecessary use of the hockey stick, or any deliberate body contact.

Any major penalty called by the referee will result in an automatic game suspension from the game being played as well as the next scheduled game. The major penalty will be reviewed to determine if further disciplinary action is warranted. A 5 minute major penalty will be served by another player. Player serving major can be replaced with another player during a stoppage in play.

RULE # 4 MINOR PENALTY - 2 MIN

The following constitute a minor penalty: slap shots (maximum of 18" from the ice on back swing), hooking, tripping, clutching /grabbing, holding, taunting, any deliberate impediment of an opposing player. Chin straps not done up.

Any minor penalty where a player has accumulated 3 in any one game, that player will be ejected from that game immediately upon receiving the 3rd penalty.

ANY VERBAL OR BODY MOTION ABUSE DIRECTED AT ANY REFEREE WILL NOT BE TOLERATED ON OR OFF OF THE ICE. ANY PLAYER FOUND GUILTY OF SUCH AN OFFENCE WILL IMMEDIATELY BE EJECTED FROM THE GAME AND BEGIN SERVING A 3 GAME SUSPENSION. THE BOARD OF DIRECTORS WITH THE REFEREE-IN CHIEF WILL THEN RULE ON WHETHER PERMANENT SUSPENSION FROM THE LEAGUE IS IN ORDER.

RULE # 5

HELMETS AND Face SHEILDS:

Only approved C.S.A. helmets with accompanying chin straps are permitted. Protective visors or shields are required, C.S.A. approved is recommended by the Board of Directors. The Board will not be responsible for personal injury sustained should that injury be attributed to not wearing proper face or head protection.

RULE # 6 COINCIDENT PENALTIES:

COINCIDENT PENALTIES: Any coincident minor or major penalty assessed will not result in the teams to play short handed.

RULE # 7 CREASE:

Any attacking player found to be in the goal crease for more than 3 seconds while his team retains possession of the puck, play will be whistled down. A face off will be located outside the blue line.

RULE # 8 SUBSTITUTES:

Any player entering our league must have a RELEASE FORM duly signed, dated, witnessed and properly endorsed before being assigned to any team. That player may not play in any league game until he is confirmed by the Board of Directors as having been registered and cleared to play.

Substitute players are strictly prohibited from playing in any PLAY OFF GAMES unless he is removed from the "short list."

TIMEKEEPER - REFEREES

LENGTH OF GAME: 1 ST PERIOD 16 Minutes Stop Time
2 ND PERIOD 16 Minutes Stop Time

* The time clock will be set to run for two minutes following the Zamboni leaving the ice surface. This is your warm up time and to ensure games start and finish on time.

The time clock is not to be stopped unless a major problem occurs such as a serious injury or ice problems. All games must be completed by their pre-set times.

PENALTIES

Any major penalty is an automatic ejection from the game. An explanation by the timekeeper, of the penalty must be written on the back of the game sheet. Another player will serve the major penalty of 5 minutes and the person serving the major can be substituted by a player leaving the ice at a stoppage in play.

A minor penalty is 2 minutes stop time to start with the drop of the puck. The time is marked on the score sheet and the player(s) may then return to the game before the 2 minutes are up if a goal is scored while being shorthanded.

SCORING

All goals will be reported to the timekeeper by the referee(s) giving the number of the player scoring the goal and the number(s) of any player(s) assisting on the goal. This is to be marked on the game sheet.

THE CENTRE RED LINE WILL BE ELIMINATED.